

Sports Medicine Technician

■ Job Description

Under the supervision of a physician, the sports medicine technician assists in the recognition, evaluation, and emergency treatment of sports-related injuries; helps athletes prevent injuries; and helps individuals train and condition. The technician has an understanding of body mechanics, nutrition, emergency medical techniques, physiology, sports psychology, and sports equipment.

■ Job Settings

School athletic departments, community recreation programs, health and fitness clubs, sports centers, and resorts

■ Projected Need

Nationally, employment of athletic trainers is expected to increase as fast as average through 2010. Typically, sports medicine technicians assist licensed or experienced athletic trainers in the prevention and treatment of sports and fitness related injuries. Demand for technicians may increase as more athletic trainers are needed.

■ Related Educational Programs

The programs of study listed below are the recommended areas of study to pursue for this occupation. Clicking on these will lead to files that show in-state and national schools that offer these programs.

The following link(s) will take you to CIS for more information. CIS requires an ID and password that can be obtained at <http://cis.ilworkinfo.com/loginhelp/> You must log into CIS prior to clicking on the links below.

[Athletic Training](#)

■ Related Careers

Physical therapist assistant, chiropractic assistant, athletic trainer, physical therapist, kinesiotherapist, therapeutic recreation specialist, and fitness director